

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2018

LINDA VALLEY MEMORY CARE ACTIVITIES

				<p>9:30 Chair Exercise 10:15 Daily Chronicle 10:30 Ring Challenge 11:00 Table Designers 2:00 Bingo Fun 3:00 Patio Walk 4:00 Table Designers 6:30 Fabric Fold</p>	<p>9:15 Stretch And Flex 10:00 World Chronicle 10:30 Garden Club 11:00Table Designers 2:00 Resident Choice 3:00 Bowling 4:00 Table Designers 6:00 Vespers</p>	<p>9:00 University Church 10:00 Name That hymn 10:30 Verse Search 11:00 Table Designers 2:00 Biblical Art 3:00 Health Facts 4:00 Table designers 6:00 Vespers</p>
<p>9:15 Walk Your Health 9:45 Move And Groove 10:45 Daily Chronicle 11:00 Table Designers 2:00 Chick Soup Chat 2:30 Horse Shoes 4:00 Patio Stroll/Chat 6:30 Movie Nite</p>	<p>9:00 Muscle Motion 10:00 Daily Chronicle 10:30 Patio Walk 11:00 Table Designers 2:00 Life Trivia 3:00 Basketball 4:00 Table Designers 6:30 Connect 4</p>	<p>9:00 Shakercise 9:45 Daily Chronicle 10:00 Patio Walk/Chat 11:00 Table Designers 2:00 Volleyball Fun 3:00 Arts & Crafts 4:00 Table Designers 6:30 Nature Video</p>	<p>9:00 Exercise Fun 9:45 Daily Chronicle 10:15 Baking Class 11:00 Table Designers 2:00 Choir Group 3:00 Floor Darts 4:00 Table Designers 6:30 Life Trivia</p>	<p>9:30 Sit N Stretch 10:15 News / Views 10:30 Patio Walk 11:00 Table Designers 2:00 Candy Bingo 3:00 Horse Shoes 4:00 Table Designers 6:30 Music & Memory</p>	<p>9:00 Walking Club 9:15 Stretch And Flex 10:00 Out for ice cream 11:00 Table Designers 2:00 Health Talk 3:00 Target Ball 4:00 Table Designers 6:00 Vespers</p>	<p>9:00University Church 10:00 Name that hymn 10:30 Verse Search 11:00 Table Designers 2:00 Biblical Art 3:00 Resident Choice 4:00 Table Designers 6:00 Vespers</p>
<p>9:15 Senior Walk 9:45Moving For Energy 10:45 Headline News 11:00 Table Designers 2:00 Musical Video 2:30 Video Cont. 4:00 Patio Stroll/Chat 6:00 Music & Memory</p> <p><small>Daylight Saving Time Begins</small></p>	<p>9:15 Memory Jog 9:45 Stretchercise 10:30 Daily Chronicle 11:00 Table Designers 2:00 Cards for Friends 3:00 Noodle Ball 4:00 Table Designers 6:00 Connect 4</p>	<p>9:15 Morning Walk 9:45 Senior Aerobics 10:45 World News 11:00 Table Designers 2:00 Volleyball Fun 3:00 Crafty Corner 4:00 Table Designers 6:00 Puzzled Evening</p>	<p>9:00 Muscle Motion 9:45 News and Views 10:15 Healthy Snack 11:00 Table Designers 2:00 Photo Friends 3:00 Basketball 4:00 Table Designers 6:30 Memory Lane</p>	<p>9:30 Move And Groove 10:15 Daily News 10:30 Senior Walk 11:00 Table Designers 2:00 Bingo Friends 3:00 Basketball 4:00 Table Designers 6:30 Fabric Fold</p>	<p>9:15 Chair Exercise 10:00 Daily Chronicle 10:30 Garden Club 11:00 Table Designers 2:00 Let's Reminisce 2:30 Bowling 4:00 Table Designers 6:00 Vespers</p>	<p>9:00 University Church 10:00 Choir Club 10:30 Bible Words 11:00 Table Designers 2:00 Biblical Art 3:00 Sabbath Film 4:00 Table designers 6:00 Vespers</p> <p><small>St. Patrick's Day</small></p>
<p>9:15 Walk Your Health 9:45 Move And Groove 10:45 Daily Chronicle 11:00 Table Designers 2:00 Chick Soup Chat 2:30 Sunday Bingo 4:00 Patio Stroll/Chat 6:30 Movie Nite</p>	<p>9:15 Bright Walk 9:45 Sit N Stretch 10:30 Daily News/Views 11:00 Table Designers 2:00 Ceramic painting 3:00 Beanbag Catch 4:00 Table Designers 6:30 Senior Trivia</p>	<p>9:15 Memory Walk 9:45 Shakercise 10:45 News/Views 11:00 Table Designers 2:00 Volleyball Fun 3:00 Arts & Crafts 4:00 Table Designers 6:30 Bible Study</p>	<p>9:00 Exercise Fun 9:45 Daily Chronicle 10:15 Cookie Bake 11:00 Table Designers 2:00 Choir group 3:00 Floor Darts 4:00 Table Designers 6:30 Nature Video</p>	<p>9:30 Chair Exercise 10:15 Daily Chronicle 10:30 Morning Walk 11:00 Table Designers 2:00 Bingo Fun 3:00 Ring Challenge 4:00 Table Designers 6:30 Music & Memory</p>	<p>9:15 Stretch And Flex 10:00 World Chronicle 10:30 Out To Lunch 11:00 Table Designers 2:00 Chick soup chat 2:30 Bowling 4:00 Table Designers 6:00 Vespers</p>	<p>9:00University Church 10:00 Name That hymn 10:30 Verse Search 11:00 Table Designers 2:00 Biblical Art 3:00 Health Facts 4:00 Table designers 6:00 Vespers</p>
<p>9:15 Senior Walk 9:45 Chair Exercise 10:45 Daily Chronicle 11:00 Table Designers 2:00 Senior Golf 3:00 Candy Bingo 4:00 Patio Stroll/Chat 6:00 Music & Memory</p> <p><small>Palm Sunday</small></p>	<p>9:45 Stretchercise 10:30 Daily Chronicle 11:00 Table Designers 2:00 Cards for friends 3:00 Noodle Ball 4:00 Table Designers 6:00 Word Games</p>	<p>9:15 Morning Walk 9:45 Senior Aerobics 10:45 World News 11:00 Table Designers 2:00 Volleyball Fun 3:00 Crafty Corner 4:00 Table Designers 6:30 Puzzles</p>	<p>9:00 Muscle Motion 9:45 World News 10:15 Baking Class 11:00 Table Designers 2:00 Photo Friends 3:00 Beanbag Catch 4:00 Table Designers 6:30 Let's reminisce</p>	<p>9:30 Move And Groove 10:15 Daily News 10:30 Senior Walk 11:00 Table Designers 2:00 Bingo Friends 3:00 Basketball 4:00 Table Designers 6:30 Aroma Therapy</p>	<p>9:15 Stretch And Flex 10:00 World Chronicle 10:30 Garden Club 11:00Table Designers 2:00 Resident Choice 3:00 Bowling 4:00 Table Designers 6:00 Vespers</p> <p><small>First Day of Passover Good Friday</small></p>	<p>9:00 University Church 10:00 Name That hymn 10:30 Verse Search 11:00 Table Designers 2:00 Biblical Art 3:00 Health Facts 4:00 Table designers 6:00 Vespers</p>