

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2018

## Memory Care Activities

							9:00 <b>University Church 1</b> 10:00 Name That hymn 10:30 Verse Search 11:00 Table Designers 2:00 Biblical Art 3:00 Resident Choice 4:00 Table Designers
9:15 Walk Your Health <b>2</b> 9:45 Move And Groove 10:45 Daily Chronicle 11:00 Table Designers 2:00 Chick Soup Chat 2:30 Sunday Bingo 4:00 Patio Stroll/Chat 6:30 Movie Nite	9:15 Bright Walk <b>3</b> 9:45 Sit N Stretch 10:30 DailyNews/Views 11:00 Table Designers 2:00 Ceramic painting 3:00 Beanbag Catch 4:00 Table Designers 6:30 Senior Trivia <small>Labor Day</small>	9:15 Shakercise <b>4</b> 10:00 Patio Stroll/Chat 10:30 Daily Chronicle 11:00 Table Designers 2:00 Volleyball Fun 3:00 Arts & Crafts 4:00 Table Designers 6:30 <b>Bible Study</b>	9:00 Muscle Motion <b>5</b> 9:45 News and Views 10:15 Nature Walkbh 11:00 Table Designers 2:00 <b>Movie &amp; popcorn</b> 3:00 Basketball 4:00 Table Designers 6:30 Memory Lane	9:15 Sit N Stretch <b>6</b> 10:15 News / Views 10:30 Healthy Snack 11:00 Table Designers 2:00 Candy Bingo 3:00 Horse Shoes 4:00 Table Designers 6:30 <b>Music &amp; Memory</b>	9:00 Walking Club <b>7</b> 9:15 Stretch And Flex 10:00 Garden Club 11:00 Table Designers 2:00 Health Talk 3:00 Target Ball 4:00 Table Designers 6:00 <b>Vespers</b>	9:00 <b>University Church 8</b> 10:00 Choir Club 10:30 Bible Words 11:00 Table Designers 2:00 Biblical Art 3:00 Sabbath Film 4:00 Table designers 6:00 <b>Vespers</b>	
9:15 Senior Walk <b>9</b> 9:45 Chair Exercise 10:45 Daily Chronicle 11:00 Table Designers 2:00 Senior Golf 3:00 Candy Bingo 4:00 Patio Stroll/Chat 6:00 <b>Music &amp; Memory</b> <small>Grandparents Day</small>	9:45 Stretcherise <b>10</b> 10:30 Daily Chronicle 11:00 Table Designers 2:00 Cards for friends 3:00 Noodle Ball 4:00 Table Designers 6:00 Word Games <small>Rosh Hashanah</small>	9:00 Senior Aerobics <b>11</b> 10:00 Walk the Block 10:45 World News 11:00 Table Designers 2:00 Volleyball Fun 3:00 Crafty Corner 4:00 Table Designers 6:30 Puzzles	9:00 Morning Walk <b>12</b> 9:15 Muscle Motion 10:15 World News 11:00 Table Designers 2:00 Creative Moments 3:00 Beanbag Catch 4:00 Table Designers 6:30 Let's reminisce	9:30 Chair Exercise <b>13</b> 10:15 Daily Chronicle 10:30 Bake w/Liz 11:00 Table Designers 2:00 Bingo Fun 3:00 Ring Challenge 4:00 Table Designers 6:30 <b>Music &amp; Memory</b>	9:15 Stretch And Flex <b>14</b> 10:00 World Chronicle 10:30 Garden Club 11:00 Table Designers 2:00 Chick soup chat 2:30 Bowling 4:00 Table Designers 6:00 <b>Vespers</b>	9:00 <b>University Church 15</b> 10:00 Name That hymn 10:30 Verse Search 11:00 Table Designers 2:00 Biblical Art 3:00 Health Facts 4:00 Table designers 6:00 <b>Vespers</b>	
9:15 Walk Your Health <b>16</b> 9:45 Move And Groove 10:45 Daily Chronicle 11:00 Table Designers 2:00 Chick Soup Chat 2:30 Horse Shoes 4:00 Patio Stroll/Chat 6:30 Movie	9:00 Muscle Motion <b>17</b> 10:00 Daily Chronicle 10:30 Patio Walk 11:00 Table Designers 2:00 Life Trivia 3:00 Basketball 4:00 Table Designers 6:30 Connect 4	9:00 Shakercise <b>18</b> 9:45 Daily Chronicle 10:00 Find -A- word 11:00 Table Designers 2:00 Volleyball Fun 3:00 Arts & Crafts 4:00 Table Designers 6:30 Nature Video	9:00 Exercise Fun <b>19</b> 9:45 Daily Chronicle 10:15 Ball Toss 11:00 Table Designers 2:00 Choir Group 3:00 Floor Darts 4:00 Table Designers 6:30 Life Trivia <small>Yom Kippur</small>	9:30 Chair Exercise <b>20</b> 10:15 Daily Chronicle 10:30 Nutrition Shakes 11:00 Table Designers 2:00 Bingo Fun 3:00 Patio Walk 4:00 Table Designers 6:30 Fabric Fold	9:15 Stretch And Flex <b>21</b> 10:00 Daily Chronicle 10:30 Patio Chat 11:00 <b>Out To Lunch</b> 2:00 Resident Choice 3:00 Bowling 4:00 Table Designers 6:00 <b>Vespers</b>	9:00 <b>University Church 22</b> 10:00 Name That hymn 10:30 Verse Search 11:00 Table Designers 2:00 Biblical Art 3:00 Health Facts 4:00 Table designers 6:00 <b>Vespers</b> <small>Yom Beginns Oktoberfest Begins</small>	
9:15 Senior Walk <b>23</b> 9:45 Chair Exercise 10:45 Daily Chronicle 11:00 Table Designers 2:00 Senior Golf 3:00 Candy Bingo 4:00 Patio Stroll/Chat 6:00 <b>Music &amp; Memory</b>	9:15 Morning Jog <b>24</b> 9:45 Stretcherise 10:30 Daily Chronicle 11:00 Table Designers 2:00 Cards for friends 3:00 Noodle Ball 4:00 Table Designers 6:00 Word Games <small>Sukkot</small>	9:00 Senior Aerobics <b>25</b> 10:00 Senior Walk 10:45 World News 11:00 Table Designers 2:00 Volleyball Fun 3:00 Crafty Corner 4:00 Table Designers 6:30 Puzzled Evening	9:00 Muscle Motion <b>26</b> 9:45 World News 10:15 Daily Chronicle 11:00 Table Designers 2:00 Creative Moments 3:00 Beanbag Catch 4:00 Table Designers 6:30 Let's reminisce	9:30 Chair Exercise <b>27</b> 10:15 Daily Chronicle 10:30 Cooking Class 11:00 Table Designers 2:00 Bingo Fun 3:00 Ring Challenge 4:00 Table Designers 6:30 <b>Music &amp; Memory</b>	9:15 Stretch And Flex <b>28</b> 10:00 World Chronicle 10:30 Garden Club 11:00 Table Designers 2:00 Chick soup chat 2:30 Bowling 4:00 Table Designers 6:00 <b>Vespers</b>	9:00 <b>University Church 29</b> 10:00 Name That hymn 10:30 Verse Search 11:00 Table Designers 2:00 Biblical Art 3:00 Resident Choice 4:00 Table Designers	
9:15 Walk Your Health <b>30</b> 9:45 Move And Groove 10:45 Daily Chronicle 11:00 Table Designers 2:00 Chick Soup Chat 2:30 Sunday Bingo 4:00 Patio Stroll/Chat	<h3>Happy Birthday</h3> <h3>Werner Vyhmeister</h3>						